

MEAL TIME CONVERSATION CARDS

KINDESS EDITION

HOW WERE
YOU NICE TO
SOMEONE
TODAY?

WHAT DOES
NICE MEAN
TO YOU?

WHO IS THE
NICEST
PERSON YOU
KNOW &
WHY?

MEAL TIME CONVERSATION CARDS

KINDESS EDITION

WHAT IS THE
NICEST THING
YOU'VE EVER
DONE?

LIST SOME
WAYS YOU
CAN BE KIND
TO YOUR
FRIENDS

WHAT CAN
YOU DO TO
BE MORE
KIND?

MEAL TIME CONVERSATION CARDS

KINDESS EDITION

GIVE ONE
COMPLIMENT
TO EACH
PERSON AT
THE TABLE

THINK OF
SOMETHING
NICE YOU
CAN DO FOR
A NEIGHBOR

ASK
EVERYONE AT
THE TABLE IF
THEY NEED
HELP WITH
SOMETHING

MEAL TIME CONVERSATION CARDS

KINDESS EDITION

HOW DO
PEOPLE
BECOME KIND?

WHY IS
BEING KIND
IMPORTANT?

HOW DO YOU
SHOW
KINDNESS TO
PETS?

MEAL TIME CONVERSATION CARDS

KINDESS EDITION

HOW ARE YOU
KIND TO
YOURSELF?

WHY IS
BEING KIND
IMPORTANT?

GIVE EVERYONE A
PIECE OF PAPER
AND WRITE 1 NICE
THING ABOUT
EACHOTHER. HAVE
THE RECIPIENTS
READ ALOUD!